

# INFORMATION BULLETIN

14 February 2022

TO EDUCATIONAL CHILDCARE PROVIDERS

## New self-assessment tool and new isolation guidelines

The Public Health department issued a communiqué this morning announcing a new self-assessment tool now available through the Quebec.ca website that includes isolation guidelines for various situations (presence of symptoms, contact with someone who has tested positive for COVID-19, etc.), based on the person's age (under age 12 or age 12 and older).

This tool is available at the following page: [Quebec.ca/isolation](https://quebec.ca/isolation)

Please also note that the new isolation guidelines now apply to individuals who have tested positive for COVID-19 on or after 20 December 2021. The communiqué specifies the following:

*Anyone who has tested positive for COVID-19 via a rapid test or NAAT or who has developed symptoms after having been in contact with a member of their household who has tested positive will not be required to self-isolate or undergo screening tests if:*

- *they develop symptoms of COVID-19 again, i.e., a cough, a sore throat, loss of taste or smell;*
- *they have once again been in contact with a household member who has tested positive for COVID-19.*

*These guidelines apply for three months following infection since the risk of becoming reinfected with COVID-19 is reduced during this period. These new guidelines have been integrated into the new self-assessment tool.*

*However, anyone in these situations who has a fever must self-isolate. They may resume their activities once they have had no fever for at least 24 hours.*

You may read the communiqué issued by the Ministère de la Santé et des Services sociaux on the following page: <https://www.msss.gouv.qc.ca/ministere/salle-de-presse/communique-3427/>

*This bulletin is a publication that provides periodic information updates for educational childcare providers during the pandemic. Be sure to always consult the latest version of the Bulletin because the information on a given topic will most likely be updated as the situation evolves.*

If you do not find the answers to your questions, please call the Direction de l'amélioration des services à la clientèle et de la gestion des plaintes of the MFA at the toll-free number 1-855-336-8568, between 8:30 a.m. and 4:30 p.m., Monday to Friday.