



DURATION OF ISOLATION

IF ONE OF THE FOLLOWING SITUATIONS APPLIES TO YOU:

- My COVID-19 test result was positive
- I have COVID-19 symptoms and have not taken a screening test
- I live in the same home as someone who has COVID-19*
- I am in a couple relationship with someone who has COVID-19 but does not live with me*



Isolation starts either from the date of symptoms onset, date of test if there are no symptoms, or date when contact with an infected person occurred.

Less than 12 years of age		12 years up
Adequately vaccinated and for contact	5 DAYS (masking required for the 5 following days)	5 DAYS and another rapid antigen test after day 5. <ul style="list-style-type: none"> • If the test result is positive, extend isolation by another 5 days. • If the test result is negative, the child can resume normal activities (masking required for children 5 years of age and older)
Not adequately vaccinated	10 DAYS	

1.If symptoms improve and after no fever is measured for at least 24 hours.

If you are a **health worker**, contact your place of work for instructions on ending isolation and returning to work.

* If you develop symptoms, extend your isolation and take a screening test.

[Québec.ca/isolement](https://quebec.ca/isolement)

Special conditions may apply. See details on Québec.ca.