

# APPENDIX IV SUMMARY TABLES

## CONCERTED ACTION PLAN TO PREVENT AND COUNTER BULLYING AND CYBERBULLYING 2020-2025

WORKING TOGETHER TOWARD A SOCIETY FREE OF BULLYING

**VISION :** Make Québec a place where bullying is not accepted and where caring behaviours are valued

### Guiding principles

- The plan should be inclusive and collaborative
- It should focus on promoting the expected positive behaviours
- It should be evidence-based and propose solutions
- It should be developed in compliance with good government practices

#### OBJECTIVE 1

Raise public awareness and promote positive behaviours to prevent and counter bullying

#### OBJECTIVE 2

Carry out interventions with people who are victims, witnesses or perpetrators of acts of bullying

#### OBJECTIVE 3

Support action and innovation in the different communities

#### OBJECTIVE 4

Improve knowledge and promote the transfer of innovative practices

Budget of \$29.6M, including \$9.6M self-funded by the government departments and agencies

### CORE MEASURES (\$4.0M)

1. **Adopt a digital communication strategy aimed at bringing information on bullying and cyberbullying together in one place, proposing prevention and intervention tools for different clientele, and facilitating exchanges among stakeholders as well as referrals to support resources** ▲
2. **Produce a statistical overview of bullying and cyberbullying in Québec to advance knowledge** ▲

#### ORIENTATION 1

##### Step up actions to reduce cyberbullying

(2,5 M\$)

3. **Support the implementation of a coordinated response model by the police, judicial and school communities in the case of cyberbullying arising from incidents that involve the non-consensual sharing of intimate images (SEXTO project)** ▲
4. **Inform the population at large of the consequences of online hostility toward women, particularly those in the public arena, and of the possible legal recourses available to victims** ◆ ▲
5. Prevent situations involving repeated requests for the non-consensual sharing of sexual or intimate images among young people aged 11 to 24 and take ethical action in these situations ▲
6. Study risk, protective and preventive factors to ensure more effective prevention of the cyberbullying of seniors ◆ ▲

#### ORIENTATION 2

##### Provide a healthy, safe and positive environment for all young people

(\$11.4M)

##### THE EDUCATIONAL COMMUNITY:

7. **Assist schools in developing guidelines that set parameters for interventions and responsibilities regarding ethical use of digital technologies** ■
8. **Support young people's learning about the responsible use of social media to encourage them to become responsible citizens in the digital era** ■
9. **Support the development of the skills and expertise of school staff regarding healthy and positive behaviours** ■
10. Assist the school community in taking better account of sexual, gender and family diversity ■
11. Collaborate in work aimed at developing the skills of future school staff regarding the prevention and reduction of violence and bullying ■
12. Continue deploying regional support agents (RSAs), school climate, violence and bullying, whose mission is to help school boards maintain a healthy, safe and positive school climate ■
13. Understand and prevent the polarization of the discourse potentially leading to conflicts, violence or bullying ▲

##### THE SPORTS COMMUNITY:

14. **Assist organizations in implementing measures to protect integrity in sports and recreational activities** ▲
15. Disseminate revised and more inclusive tools to young people, parents and service providers in the sports community to promote the healthy and safe practice of sports ◆ ■
16. Continue and reinforce the promotion of positive values in the practice of recreational and sports activities ■

#### ORIENTATION 3

##### Increase initiatives for vulnerable people

(\$9.7M)

17. **Implement an annual communication plan including up-to-date strategies and means of communication that are adapted to the different clientele in order to raise their awareness of the phenomena of bullying and cyberbullying** ◆ ■
18. **Revise the terms and conditions of the Together Against Bullying financial support program to better address the needs of organizations and various living environments, particularly by allowing projects to be carried out over a longer period of time** ◆ ■
19. **Raise public awareness, even among the youngest members, of the importance of having healthy family relations with regard to financial assets** ◆ ▲
20. Formally acknowledge the exemplary contribution of individuals, schools and school boards, and organizations in creating safe and inclusive environments by granting the Prix Ensemble contre l'intimidation (Together Against Bullying Award) ◆ ■
21. Carry out awareness-raising activities on the importance of having relationships free of bullying and of promoting a caring environment in retirement homes for seniors ◆ ▲
22. Produce and make available tools designed to raise public awareness of the bullying which can target people with disabilities ◆ ▲
23. Support the acquisition of knowledge on the phenomenon of homophobic and transphobic bullying in specific regions ◆ ▲
24. Develop a toolkit for supporting the various communities (e.g. educational, health and social services, workplace) engaged in the fight against homophobic and transphobic bullying ◆ ▲
25. Update the online information package on bullying in light of the latest data ◆ ■

### MEASURE SPECIFICALLY FOR ABORIGINAL COMMUNITIES (\$2.0M)

(integrated into the Government Action Plan for the Social and Cultural Development of the First Nations and Inuit 2017-2022)

26. Develop and support projects and initiatives aimed at preventing and countering the bullying of Aboriginal students ▲

**Legend:** **Boldface:** flagship measure ◆: measure related to Measure 1 ▲: new measures ■: measure continued or enhanced

MEASURES		RESPONSIBILITY	COLLABORATION	BUDGET
<b>CORE MEASURES</b>				
1	Adopt a digital communication strategy aimed at bringing information on bullying and cyberbullying together in one place, proposing prevention and intervention tools for different clienteles, and facilitating exchanges among stakeholders as well as referrals to support resources	MFA	Members of the Comité de travail interministériel sur l'intimidation (interministerial working committee on bullying)	\$2.4M
2	Produce a statistical overview of bullying and cyberbullying in Québec to advance knowledge	MFA	ISQ	\$1.6M
<b>ORIENTATION 1: STEP UP ACTIONS TO REDUCE CYBERBULLYING</b>				
3	Support the implementation of a coordinated response model by the police, judicial and school communities in the case of cyberbullying arising from incidents that involve the non-consensual sharing of intimate images (SEXTO project)	MSP	DPCP, MEQ, MJQ, SCF, ENPQ, Service de police de la Ville de Saint-Jérôme, SQ, representatives of municipal police forces	\$1.5M
4	Inform the population at large of the consequences of online hostility toward women, particularly those in the public arena, and of the possible legal recourses available to victims	SCF	Conseil du statut de la femme, MES, MJQ, MSP, DPCP	\$350K
5	Prevent situations involving repeated requests for the non-consensual sharing of sexual or intimate images among young people aged 11 to 24 and take ethical action in these situations	MEQ, MES	MSP, SAJ, SCF, MSSS, MJQ, DPCP	\$375K
6	Study risk, protective and preventive factors to ensure more effective prevention of the cyberbullying of seniors	MSSS	–	\$275K
<b>ORIENTATION 2: PROVIDE A HEALTHY, SAFE AND POSITIVE ENVIRONMENT FOR ALL YOUNG PEOPLE</b>				
7	Assist schools in developing guidelines that set parameters for interventions and responsibilities regarding ethical use of digital technologies	MEQ	MSP, MJQ	–
8	Support young people's learning about the responsible use of social media to encourage them to become responsible citizens in the digital era	MEQ	–	\$450K
9	Support the development of the skills and expertise of school staff regarding healthy and positive behaviours	MEQ	–	–
10	Assist the school community in taking better account of sexual, gender and family diversity	MEQ	Fédération des comités de parents du Québec, MJQ (BLCHT)	\$50K
11	Collaborate in work aimed at developing the skills of future school staff regarding the prevention and reduction of violence and bullying	MEQ	MES	–
12	Continue deploying regional support agents (RSAs), school climate, violence and bullying, whose mission is to help school boards maintain a healthy, safe and positive school climate	MEQ	–	\$6.5M
13	Understand and prevent the polarization of the discourse potentially leading to conflicts, violence or bullying	MEQ	School service centres, RSAs, researchers whose work concerns the intercultural environment in schools, Recherche et actions sur les polarisations sociales, MIFI	\$250K
14	Assist organizations in implementing measures to protect integrity in sports and recreational activities	MEQ	RLSQ, SPORTSQUÉBEC, CQL, Sport'Aide	\$3.0M
15	Disseminate revised and more inclusive tools to young people, parents and service providers in the sports community to promote the healthy and safe practice of sports	MEQ	SPORTSQUÉBEC, sportsmanship ambassadors, Réseau des unités régionales de loisir et de sport du Québec, RSEQ, FEEPEQ, AQLP (AQAIRS, AQLM, ARAQ), CQL	\$145K
16	Continue and reinforce the promotion of positive values in the practice of recreational and sports activities	MEQ	Réseau des unités régionales de loisir et de sport du Québec, Sport'Aide, SPORTSQUÉBEC, CQL, RLSQ	\$1.0M
<b>ORIENTATION 3: INCREASE INITIATIVES FOR VULNERABLE PEOPLE</b>				
17	Implement an annual communication plan including up-to-date strategies and means of communication that are adapted to the different clienteles in order to raise their awareness of the phenomena of bullying and cyberbullying	MFA	MEQ, MES, MJQ, MSP, MSSS, OPHQ, SA, SAA, SAJ, SCF, SCG	\$2.9M
18	Revise the terms and conditions of the Together Against Bullying financial support program to better address the needs of organizations and various living environments, particularly by allowing projects to be carried out over a longer period of time	MFA	–	\$5.9M
19	Raise public awareness, even among the youngest members, of the importance of having healthy family relations with regard to financial assets	MSSS	MJQ (BLCHT)	\$150K
20	Formally acknowledge the exemplary contribution of individuals, educational establishments and organizations in creating safe and inclusive environments by granting the Prix Ensemble contre l'intimidation (Together Against Bullying Award)	MFA	MEQ	\$117K
21	Carry out awareness-raising activities on the importance of having relationships free of bullying and of promoting a caring environment in retirement homes for seniors	MSSS	MJQ (BLCHT), AQDR, RQRA, RQOH	\$300K
22	Produce and make available tools designed to raise public awareness of the bullying which can target people with disabilities	OPHQ	–	\$60K
23	Support the acquisition of knowledge on the phenomenon of homophobic and transphobic bullying in specific regions	MJQ (BLCHT)	Researchers and community partners active in the field of fighting against homophobia and transphobia	\$50K
24	Develop a toolkit for supporting the various communities (e.g. educational, health and social services, workplace) engaged in the fight against homophobic and transphobic bullying	MJQ (BLCHT)	Researchers and community partners active in the field of fighting against homophobia and transphobia	\$50K
25	Update the online information package on bullying in light of the latest data	MFA	INSPQ, members of the Comité de travail interministériel sur l'intimidation (interministerial working committee on bullying)	\$168K
<b>MEASURE SPECIFICALLY FOR ABORIGINAL COMMUNITIES</b>				
26	Develop and support projects and initiatives aimed at preventing and countering the bullying of Aboriginal students	MEQ, MES	–	\$2.0M