

INFORMATION BULLETIN

14 February 2022

TO EDUCATIONAL CHILDCARE PROVIDERS

New self-assessment tool and new isolation guidelines

The Public Health department issued a communiqué this morning announcing a new self-assessment tool now available through the Quebec.ca website that includes isolation guidelines for various situations (presence of symptoms, contact with someone who has tested positive for COVID-19, etc.), based on the person's age (under age 12 or age 12 and older).

This tool is available at the following page: [Quebec.ca/isolation](https://quebec.ca/isolation)

Please also note that the new isolation guidelines now apply to individuals who have tested positive for COVID-19 on or after 20 December 2021. The communiqué specifies the following:

Anyone who has tested positive for COVID-19 via a rapid test or NAAT or who has developed symptoms after having been in contact with a member of their household who has tested positive will not be required to self-isolate or undergo screening tests if:

- *they develop symptoms of COVID-19 again, i.e., a cough, a sore throat, loss of taste or smell;*
- *they have once again been in contact with a household member who has tested positive for COVID-19.*

These guidelines apply for three months following infection since the risk of becoming reinfected with COVID-19 is reduced during this period. These new guidelines have been integrated into the new self-assessment tool.

However, anyone in these situations who has a fever must self-isolate. They may resume their activities once they have had no fever for at least 24 hours.

You may read the communiqué issued by the Ministère de la Santé et des Services sociaux on the following page: <https://www.msss.gouv.qc.ca/ministere/salle-de-presse/communique-3427/>

This bulletin is a publication that provides periodic information updates for educational childcare providers during the pandemic. Be sure to always consult the latest version of the Bulletin because the information on a given topic will most likely be updated as the situation evolves.

If you do not find the answers to your questions, please call the Direction de l'amélioration des services à la clientèle et de la gestion des plaintes of the MFA at the toll-free number 1-855-336-8568, between 8:30 a.m. and 4:30 p.m., Monday to Friday.