

INFORMATION BULLETIN

June 8, 2021

TO EDUCATIONAL CHILDCARE PROVIDERS

1. Easing of CNESST instructions for green and yellow alert levels

In the context of implementing its deconfinement plan, the Québec government has announced the first easing of measures in effect in the workplace, particularly in childcare services. The easing of restrictions mainly has to do with the wearing of personal protective equipment (PPE) in green and yellow zones. Discussions are ongoing with the Direction générale de la santé publique and the Commission des normes, de l'équité, de la santé et de la sécurité du travail (CNESST) with a view to updating public health instructions for the next stages in lifting restrictions and going back to school in September.

On June 7, 2021, the CNESST issued [adjustments to preventive measures in the workplace in the context of deconfinement](#) (French only) based on the alert levels. This [summary document](#) (French only) includes changes to the measures presented in the Workplace Sanitary Standards Guides for Childcare Services – COVID-19.

The following instructions are now in effect for the green and yellow alert levels.

- Continuously wearing a mask is recommended, but no longer mandatory. Workers must wear a mask OR respect the two-metre distancing OR be protected by a physical barrier. This applies both indoors and outdoors.
- Protective eyewear is now optional.
- The cleaning of shared tools and equipment (in a childcare facility, this would include toys, books, etc.) is optional.

However, the cleaning and disinfection measures for spaces (washrooms, lunchrooms, etc.) and, in each work shift, for high-touch surfaces continue to apply.

No change is anticipated in instructions when moving from red to orange zones.

Staff who live in a yellow zone and go to work in an orange zone must apply the measures of the zone where the workplace is located.

2. A few reminders for dealing with heat waves

We are currently experiencing particularly high temperatures. Here are a few cool tips to help you during a heat wave:

- Plan outdoor activities before 10 a.m. and after 4 p.m.
- Encourage the children to drink often, whether or not they are thirsty. Santé publique suggests asking parents to equip their child with a water bottle. Make sure that the water bottles are filled regularly and that the children do not share their water bottle.
- Keep windows and doors open until 10 a.m. to ensure good ventilation in occupied areas. Close the curtains or blinds when the sun is shining, and air out the rooms, if possible, when it cools off at night.
- Depending on the availability of equipment, use pedestal fans or localized air conditioners, taking care to direct the flow of air away from the faces of children or staff.

The Information Bulletin is a publication that provides periodic information updates for educational childcare providers during the pandemic. Be sure to always consult the latest version of the Bulletin because the information on a given topic will most likely be updated as the situation evolves.

If you do not find the answers to your questions on these websites, please call the Direction de l'amélioration des services à la clientèle et de la gestion des plaintes of the MFA at the toll-free number 1-855-336-8568 between 8:30 a.m. and 4:30 p.m., Monday to Friday.